

What is claimed:

1. A process of cleaning and placing a contact lens on the eye comprising:

gripping the contact lens, the lens having an inner and outer curvature and a circular edge, wherein a small portion of the circular edge is gripped leaving a free opposing edge;

dipping the opposing free edge portion of the contact lens vertically into a contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear;

placing the outer curvature of the opposing free edge portion of the contact lens on an instrument leaving the gripped side free;

dipping the gripped side of the contact lens into the contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear; and

carrying the contact lens to the eye with the instrument wherein the inner curvature of the contact lens is seated on the eye.

2. A process of cleaning and placing a contact lens on the eye as in claim 1 wherein the contact lens is gripped at the edge by folding its outer curvature between the user's thumb and finger.

3. A process of cleaning and placing a contact lens on the eye as in claim 1 wherein the contact lens free opposing edge side hangs downward and vertical while dipping the lens into the contact lens solution.

4. A process of cleaning and placing a contact lens on the eye as in claim 1 wherein the contact lens gripped side hangs downward and vertical while dipping the lens into the contact lens solution.

5. A process of cleaning and placing a contact lens on the eye as in claim 1 wherein the instrument is a contact lens placement instrument comprising a contact lens holder with a conical surface for seating the outer curvature of the contact lens, a connecting hollow tube with first and second ends, the first end connected to the lens holder, and an air bulb connected to the second end of the hollow tube.

6. A process of cleaning and placing a contact lens on the eye as in claim 1 wherein the instrument is a contact lens placement instrument wherein the contact lens when seated in the eye is released with a puff

of air from the contact lens placement instrument.

**7.** A process of cleaning and placing a contact lens on the eye comprising:

gripping the contact lens, the lens having an inner and outer curvature and a circular edge, wherein a small portion of the circular edge is gripped between a thumb and finger leaving a free opposing edge;

dipping the opposing free edge portion of the contact lens vertically into a contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear;

placing the outer curvature of the opposing free edge portion of the contact lens on an instrument leaving the gripped side free;

dipping the gripped side of the contact lens into the contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear; and

carrying the contact lens to the eye with the instrument wherein the inner curvature of the contact lens is seated on the eye.

**8.** A process of cleaning and placing a contact lens on the eye as in claim **7** wherein the contact lens opposing free edge portion hangs downwards vertically while dipping the lens into the contact lens solution.

**9.** A process of cleaning and placing a contact lens on the eye as in claim **7** wherein the gripped edge portion hangs downwards vertically while dipping the lens into the contact lens solution.

**10.** A process of cleaning and placing a contact lens on the eye as in claim **7** wherein the instrument is a contact lens placement instrument comprising a contact lens holder with a conical surface for seating the outer curvature of the contact lens, a connecting hollow tube with first and second ends, the first end connected to the lens holder, and an air bulb connected to the second end of the hollow tube.

**11.** A process of cleaning and placing a contact lens on the eye as in claim **7** wherein the instrument is a contact lens placement instrument wherein the contact lens when seated on the eye is released with a puff of air from the contact lens placement instrument.

**12.** A process of cleaning and placing a contact lens on the eye comprising:

gripping the contact lens, the lens having an inner and outer curvature and a circular edge, wherein a small portion of the circular edge is gripped leaving a free opposing edge;

dipping the opposing free edge portion of the contact lens vertically into a contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear;

placing the outer curvature of the opposing free side portion of the contact lens on the instrument leaving a gripped side free portion, wherein the outer curvature of the contact lens rests freely on the instrument, the instrument is a contact lens placement instrument comprising a contact lens holder with a conical surface for seating the outer curvature of the contact lens, a connecting hollow tube with first and second ends, the first end connected to the lens holder, an air bulb connected to the second end of the hollow tube;

dipping the second free side of the contact lens into the contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear; and

carrying the contact lens to the eye wherein the inner curvature of the contact lens is seated on the eye.

13. A process of cleaning and placing a contact lens on the eye as in claim 12 wherein the contact lens is gripped at an edge by folding its outer curvature between the user's thumb and finger.

14. A process of cleaning and placing a contact lens on the eye as in claim 12 wherein the contact lens gripped side portion hangs downwards and vertically while dipping the lens into the contact lens solution.

15. A process of cleaning and placing a contact lens on the eye as in claim 12 wherein the contact lens gripped side portion hangs downward and vertical while dipping the lens into the contact lens solution.

16. A process of cleaning and placing a contact lens on the eye as in claim 12 wherein the instrument is a contact lens placement instrument wherein the contact lens when seated in the eye is released with a puff of air from the contact lens placement instrument to the outer surface of the contact lens.

17. A process of cleaning and placing a contact lens on the eye comprising:

gripping the contact lens, the lens having an inner and outer curvature and a circular edge, wherein a small portion of the circular edge is gripped leaving a free opposing edge;

dipping the opposing free edge portion of the contact lens vertically into a contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear;

placing the outer curvature of the opposing free edge portion of the contact lens on an instrument leaving the gripped side free;

dipping the gripped side of the contact lens into the contact lens solution, repeatedly, if necessary, until the contact lens appears visibly clear;

carrying the contact lens to the eye with the instrument wherein the inner curvature of the contact lens is seated on the eye; and

releasing the contact lens with a puff of air directed at the outer curvature of the contact lens.

18. A process of cleaning and placing a contact lens on the eye as in claim 17 wherein the contact lens gripped at an edge by folding its outer curvature between the user's thumb and finger.

19. A process of cleaning and placing a contact lens on the eye as in claim 17 wherein the contact lens opposing free edge portion hangs downwards and vertically while dipping the lens into the contact lens solution.

20. A process of cleaning and placing a contact lens on the eye as in claim 17 wherein the contact lens gripped side portion hangs downwards and vertical while dipping the lens into the contact lens solution.

21. A process of cleaning and placing a contact lens on the eye as in claim 17 wherein the instrument is a contact lens placement instrument comprising a contact lens holder with a conical surface for seating the outer curvature of the contact lens, a connecting hollow tube with first and second ends, the first end connected to the lens holder, and an air bulb connected to the second end of the hollow tube.